



**Van Buren County SAFE Coalition**  
**May Meeting Minutes**  
**Location: VBCH Community Services Center**  
**Tuesday, May 17, 2016**  
**9:00 a.m.**

Meeting called to order by Melissa Daugherty at 9:00 a.m.

**Members Present:** Kitty Bogle – Other Organization, Gloria Brown – Other Organization, Ray Brownsworth – Health Care, Lauren Cochenour – Youth, Melissa Daugherty – Youth Serving Organization, Nancy Dewes – Healthcare, Alondra Majin – Other Organization, Lee McIntosh – Law Enforcement, Lisa Plecker – Local Government, Kris Rankin – IPFS Coordinator, Cierstynn Welcher – Youth, Tammy Wetjen-Kesterson – Other Organization

**Topic:** Prescription Drug Take Back Event

- Lee shared that they had 18 participants with 24 pounds of medications turned in during the event. They do not look at what is turned in at the event, but from conversations with participants it seemed that there were oxycodone, fentanyl patches, and other medications that need to be out of the community turned in.
- Lee shared that the Sheriff's Office has applied for a grant for a permanent take back box to be placed at the Sheriff's Office in the future. The box could be placed as soon as this fall. Lee talked to Larry Thomas at Lee's Pharmacy and Larry shared with him that he can provide patients with envelopes to mail them in for disposal. Lee's one concern is that people will be apprehensive about bringing medications to the Sheriff's Office. Kris shared that the Law Enforcement Center in Fairfield now has a permanent drop box and the Fairfield Hy-Vee is also looking into having a drop box installed there.
- Kris said the coalition would like to thank Lee, Don Pool and Chris Kauffman for organizing and hosting this event in Van Buren County.

**ACTION STEP:** None

**Topic:** Iowa Partnership for Success Capacity Review

- Kris shared that she had sent the Capacity Workbook documents to everyone ahead of time. The changes or additions to them are in red. She asked for input and feedback on what members would like to see made to them. Alondra asked that gambling treatment and recovery support services be added for what is offered by the Alcohol and Drug Dependency Services group in Van Buren County. Coalition members reviewed the documents and agreed that with the addition from Alondra they are ready to be submitted.

**ACTION STEP:** Complete and Submit the Capacity Workbook

**By Whom:** Kris Rankin

**By When:** June 30, 2016

**Topic:** YLC

- Melissa said that two of the YLC members are present to share what has been going on in YLC recently.
- Cierstynn Welcher shared she is a senior this year and Lauren Cochenour shared that she is a junior this year. Cierstynn said that for Kick Butts Day she and TJ Rankin cleaned up cigarette butts at the Keosauqua Ball Park and only found two cigarette butts. Melissa said the ball park is tobacco free so that was good and it seems to be working. Cierstynn also produced a slide show about e-cigarettes and compared them to conventional cigarettes to show the danger they pose to youth and adults. The Color Run was planned and hosted the Van Buren Middle School YLC Members at the Roberts Building and Fairgrounds. Lauren shared that for Kick Butts Day at the Van Buren Middle/High School some of the High School YLC members setup a crime scene with tobacco facts and the danger of tobacco.
- Melissa shared that Cierstynn and Lauren also attended the ISTEP Youth Summit in April with other Van Buren and Harmony YLC Members. Cierstynn said that Iowa Students for Tobacco Education and Prevention host a Summit every year. This year they held it in the spring on a school day to include more students and had speakers, Chad & Stacia, they spoke on how nicotine effects teen agers and influences the media. Lauren commented that it was really fun and they learned about a scavenger hunt to see what kind of ads are in local establishments that entice children and youth to use tobacco products.
- Cierstynn spoke about a new tool that the state is offering that maps the locations of tobacco retailers across the state. The good thing is that Van Buren County does not have any tobacco "retail swamps". These swamps are areas with a high number of tobacco retailers located close to a school or park in the area. Melissa shared that she has done some work with this tool and she can bring it to a coalition meeting when it is finished and share information on what tobacco sales look like in Van Buren County. The tool includes information on tobacco and healthy food products.

- Cierstynn shared that ISTEP is a subdivision of IDPH and they plan for Summit where students about activities to take back to their communities and implement them; they plan activities for tobacco “holidays” like Kick Butts Day that they share with the members throughout the state of Iowa; and they think of new ideas and themes and present them to the different chapters in the state. The Spitify activities that were utilized by the Van Buren and Harmony YLC members came through this program. She gets to work with students from across the state and she is part of the Executive Council. Next Year she will be on the commissioner board and be able to advocate with Iowa’s State Legislature.
- Melissa shared that a couple of youth from Van Buren County also applied to be on the Executive Council next year. Cassie Johnson is also still on the Commissioner Board.
- Lee thanked the girls for setting a good example for their peers and for doing good work with the YLC group.

**ACTION STEP:** None

**Topic:** Coalition Survey Results

- Kris shared that the yellow page in everyone’s packet is the results of the coalition survey that coalition members were asked to participate in. Kris reviewed the conclusions the evaluator shared from this survey (see attached report).

**ACTION STEP:** Heidi and Kris will develop a schedule for training for coalition members during coalition meetings on the Strategic Prevention Framework, Coalition Jobs, Environmental Strategies, and Leadership.

**By Whom:** Heidi & Kris

**By When:** June 21, 2016

**Topic:** Other Business

- Thank you note from Parents as Teachers for sending two of their staff members to the Drug Endangered Children’s Conference.
- Thank you letter from the Van Buren Junior and Senior Parents for donating the newspaper ad and radio ads to promote the After Prom Event.
- Kris shared that the coalition was awarded \$1500 by the Van Buren Foundation, Inc. This is a portion of the \$3060 that the coalition requested. This money is to support the coalition’s quarterly newsletters.
- Melissa asked everyone to introduce themselves and where they are from as there is a new member at the table. All members present introduced themselves.
- Nancy Dewes shared that she works for R&R Counseling Solutions in Birmingham. They have two licensed mental health counselors with a doctor on staff that can do prescriptions and medication evaluations. They believe in giving back to their community and serving community members. They are accepting clients of any age and with any type of insurance or no insurance. She offered to supply members with brochures at a later date. Ray said he would like to place some at the hospital. Melissa offered that Nancy can bring the brochures to her and she will have them placed in the hospital. Kitty asked if they provide services to children and teens. Nancy said they provide services to children, teens and adults. Alondra asked if it was one on one or group counseling. Nancy said at this time they are offering one on one counseling.

**Topic:** Iowa Partnership for Success Action Plan Review

- Kris shared that the Strategic Plan has not yet been approved. She re-submitted it last week for review. The coalition staff want to be ready to begin working on the action plan when it is approved. So, today the coalition staff would like to have coalition members divide into groups to review the action plans for three of the strategies that will be addressed through the IPFS Project: Alcohol Use Restrictions in Public Places, Alcohol Restrictions at Community Events at Privately Owned Facilities and a Local Social Host Ordinance. She also asked that members sign up on the forms provided for actions/activities they would be willing to help accomplish.
- Kris explained that currently she has not seen the IDPH Media Campaign. She will be attending a webinar about it on Tuesday next week. So, the coalition will begin to look at how to implement that strategy when the coalition staff have more information about it. She said that as for the LifeSkills Training strategy the coalition just needs to wait for approval to implement it as Mary Dawn and Pam Ewell have agreed to implement it in the 7<sup>th</sup> and 8<sup>th</sup> Grade at the Van Buren Community School District. The next steps for this strategy are to purchase the materials and have Mary Dawn present it to the school board.
- The coalition members present broke into groups and began to review the action plans.

**ACTION STEP:** Begin the work for the strategies when the Strategic Plan is approved

**By Whom:** All Coalition Members

**By When:** September 29, 2016

**Next Meeting:** Tuesday, June 21, 2016 at 9:00 a.m. at the Van Buren County Hospital’s Community Services Center Conference Room.

**Meeting Adjourned:** At 10:00 a.m.

\*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.